

# The Mentor's Companion

A Guide to Good Mentoring Practice

Rhianon Washington

April 2018

£15.99 • PB • 9781786831842 • 246 x 189mm • 144pp

Market:

This book will appeal to students of mentoring and coaching, as well as professionals in both public and private sectors practicing or interested in mentoring.

Blurb:

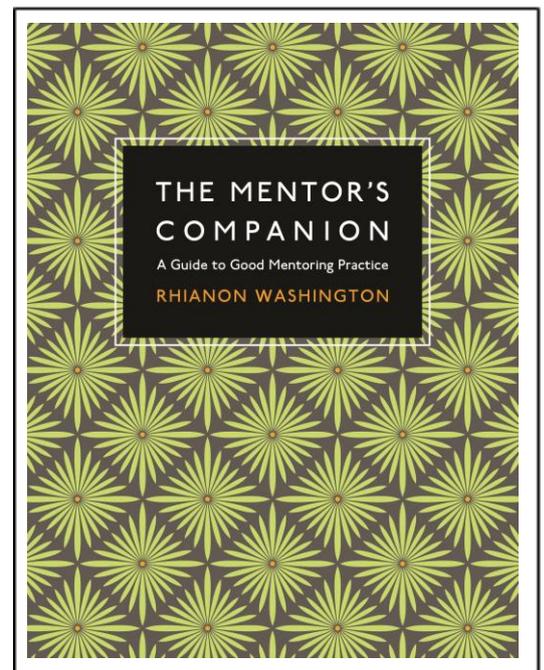
This book explores what mentoring is and what are the essential skills required for it to be effective. Based on research, it introduces a new model – Distal mentoring – which embodies best practice and can mitigate negative outcomes. Illustrated with relevant scenarios and mentoring tips, this book is a development tool for active practitioners, and expresses the mentoring process by emphasising its fundamental applications. This is reinforced by case studies and supporting theory, delivering a practical yet digestible medium. After the book's initial exploration of the nature of mentoring, key techniques such as deep listening skills, empathy and powerful questioning are examined along with developing the relationship through empathy, emotional intelligence and rapport building, providing a comprehensive text in its introduction of mentoring as well as its recommendation of best practice.

Key Selling Points:

- Clarifying theories. The book makes sense of the sometimes conflicting arguments, for example, relating to the definition of coaching and mentoring
- Applying theories and features in a practical way. All features are explored through real-life scenarios to make them more easily understandable to the reader.
- Introduction of the Distal model. This model, based on the author's doctoral research in 2013, provides a link to the reduction of toxicity in mentoring relationships
- The book offers practical help, for example, a guide to setting up a mentoring scheme

Author Details:

**Dr Rhianon Washington** is Academic Manager of GWLAD/Workforce Development Fellow Wales Institute for Work-based Learning at the University of Wales Trinity Saint David.



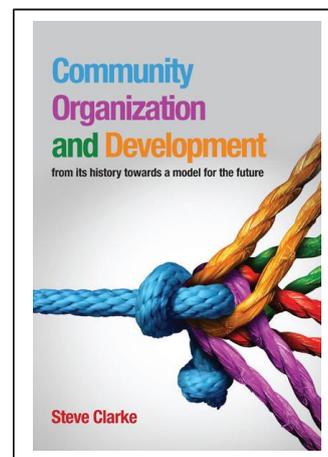
Contents:

Preface  
What is Mentoring?  
Mentoring Skills: the Building Blocks  
Mentoring Models  
Toxic Mentoring  
Mentoring Schemes  
Distal Mentoring  
References  
Bibliography  
Index

Other Related Titles:

**Community Organization and Development:  
from its history towards a model for the future**  
Steve Clarke

March 2017  
£49.99 • PB • 9781786830500 • 234 x 156mm • 304pp



UK Distribution (ex Wales):  
NBN International| [orders@nbninternational.com](mailto:orders@nbninternational.com) | Tel: 01752 202301 | Fax: 01752 202333

Wales Distribution:  
Welsh Books Council| [distribution.centre@wbc.org.uk](mailto:distribution.centre@wbc.org.uk) | Tel: 01970 624455 | Fax: 01970 625506

University of Wales Press  
10 Columbus Walk, Brigantine Place, Cardiff, CF10 4UP  
Tel: (0)29 2049 6899 Fax: (0)29 2049 6108  
[www.uwp.co.uk](http://www.uwp.co.uk)



**GWASG PRIFYSGOL CYMRU  
UNIVERSITY OF WALES PRESS**

# Catalan Culture

Experimentation, creative imagination and the relationship with Spain

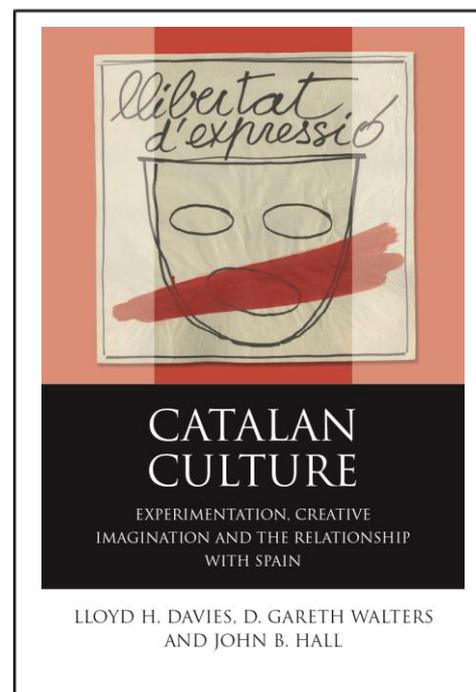
Edited by Lloyd H. Davies, D. Gareth Walters and John B. Hall

Series: Iberian and Latin American Studies

April 2018

£85 • HB • 9781786832016 • 216 x 138mm • 240pp

Images: 2 black and white illustrations



Market:

The main readership of this book will be research and general academic as well as research and taught postgraduate students.

Blurb:

This volume presents studies of some of the key artistic manifestations in Catalonia in recent times, a period of innovation and experimentation, and addresses issues concerning literature, film, theatre and performance art. From the creation of a new popular theatre in the work of the Valencian playwright Rodolf Sirera, or the conception of landscape, myth and memory in the late work of the novelist Mercè Rodoreda and the urgency of memory and remembrance in the writings of Jordi Coca, the effects of censorship in Catalonia appear to have proved a spur and a challenge to writers. Desiring to occupy illegal spaces, performance groups have manifested both literally and metaphorically the international dimension of Catalan culture in the modern period, posed in the present volume by the instances of *La Cubana* and *Els Joglars*, and further evidenced in the cross-fertilization in the work of contemporary Catalan playwrights and filmmakers to foreground issues of national plurality and tensions arising between the periphery (Catalonia) and the centre (Spain and Castile).

Key Selling Points:

- The subject matter is topical: Catalonia's relationship with Spain is arguably the most important political issue within the peninsula today.
- The coverage is diverse, adopting a multi-generic approach focusing on new and innovative cultural outputs, some of which have received limited critical attention to date.
- The volume brings together the scholarship of leading UK and US Catalan specialists which is nicely contextualized by the thoroughgoing introduction.

Author Details:

**Lloyd H. Davies** is Assistant Professor in the Department of Modern Languages, Translation and Interpreting, at Swansea University.

**D. Gareth Walters** is Professor of Hispanic Studies at Swansea University.

**John B. Hall** is an Associate Fellow in the Department of Modern Languages, Translation and Interpreting, at Swansea University.

## Contents:

Series Editors' Foreword

Notes on contributions

Introduction - *D. Gareth Walters*

A 'Natural History' of Return: Landscape, Myth and Memory in the Late

Work of Mercè Rodoreda - *Helena Buffery*

'La totalidad de la obra se representará en perfecto castellano': Censorship  
of theatre in Catalonia after the Civil War - *Michael Thompson*

Rodolf Sirera's *El verí del teatre* (The Audition): Creating Performance,  
Reality and Politics on Stage - *John London*

'Antes eterna o negra que rota': ¡Ay, Carmela! and the Mythic Unity of Spain  
- *Dominic Keown*

'...And the Great Bird of War Flew Past with its Wings Outstretched': the Aesthetic Recreation of Trauma in Jordi Coca's  
*Sota la pols* (2001)- *Jordi Cornellà-Detrell*

Unmasking the Mask: *Controversia del Toro y el Torero* (Els Joglars, 2006) and the Craft of Theatre making  
- *Lourdes Orozco*

On Influence, Tradition and Other Anxieties: Some Dilemmas of the Contemporary Catalan Stage - *Sharon G. Feldman*

La Cubana in the Twenty-first Century: The Popular and the Political - *Maria M. Delgado*

Index

Tabula Gratulatoria

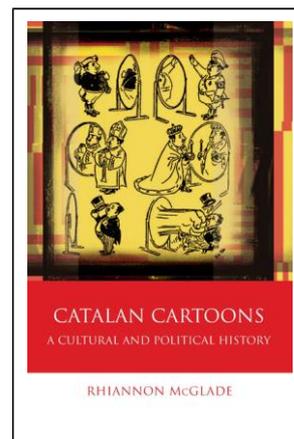
## Other Related Titles:

### **Catalan Cartoons: A Cultural and Political History**

Rhiannon McGlade

February 2016

£75 • HB • 9781783168040 • 216 x 138mm • 272pp



UK Distribution (ex Wales):

NBN International| [orders@nbninternational.com](mailto:orders@nbninternational.com) | Tel: 01752 202301 | Fax: 01752 202333

Wales Distribution:

Welsh Books Council| [distribution.centre@wbc.org.uk](mailto:distribution.centre@wbc.org.uk) | Tel: 01970 624455 | Fax: 01970 625506

University of Wales Press  
10 Columbus Walk, Brigantine Place, Cardiff, CF10 4UP  
Tel: (0)29 2049 6899 Fax: (0)29 2049 6108  
[www.uwp.co.uk](http://www.uwp.co.uk)



**GWASG PRIFYSYGOL CYMRU**  
**UNIVERSITY OF WALES PRESS**

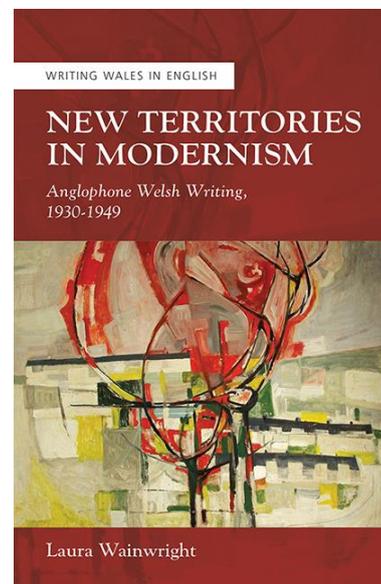
# New Territories in Modernism

Anglophone Welsh Writing, 1930-1949

Laura Wainwright

April 2018

£34.99 • PB • 9781786832177 • 216 x 138mm • 256pp



Market:

This book will appeal not only to undergraduates, post-graduates and academic researchers but also those with an interest in Welsh literature and culture, Welsh history, Modernism, art and the early twentieth century.

Blurb:

Until very recently, Welsh literary Modernism has been critically neglected, both within and outside Wales. This is the first book solely devoted to the study of Welsh literary Modernism, revealing and examining the Modernism of eight key Anglophone Welsh writers. Throughout the book, the author demonstrates how the linguistic experimentation of Anglophone Welsh writers both reflects and constitutes their engagement with the Modernistic conditions generated by unprecedented linguistic, social and cultural change in modern Wales. The author concludes that Anglophone Welsh writing in the period 1930–49 saw the emergence of a distinct Welsh Modernism that now challenges conventional literary histories and, in more than one sense, takes Modernism and Modernist studies into new territories.

Key Selling Points:

- This is the first book solely devoted to the study of Anglophone Welsh literary Modernism, making it an important resource for any person interested in Welsh and British literature and culture.
- In bringing writing from Wales into dialogue with international Modernism, this book aims to broaden and diversify our understanding of the concept of Modernism itself and will, therefore, potentially be of use to researchers in Modernism studies more generally.
- This book does not seek to provide an exhaustive history of Modernism in Wales but explicitly aims to inspire continued interest and debate in the field. I hope that it will be a key point of departure for future research.

Author Details:

**Dr Laura Wainwright** is an independent academic and writer. She was awarded her PhD in English Literature at Cardiff University, and has published essays in the fields of Welsh writing in English and Modernism.

## Contents:

General Editor's Preface

Acknowledgements

Introduction

- 1 'The dissolving and splitting of solid things': Welsh Modernism's 'crisis of language'
- 2 'Always observant and slightly obscure': Lynette Roberts as Welsh Modernist
- 3 Vernon Watkins's 'modern country of the arts'
- 4 Cadaqués and Carmarthenshire: the Modernist 'heterotopias' of Salvador Dalí and Dylan Thomas
- 5 'Hellish funny': The grotesque Modernism of Gwyn Thomas and Rhys Davies

Conclusion

Notes

Bibliography

Index

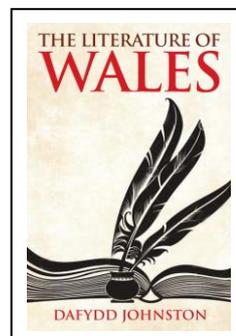
## Other Related Titles:

### **The Literature of Wales**

Dafydd Johnston

February 2017

£12.99 • PB • 9781786830210 • 129 x 198mm • 208pp

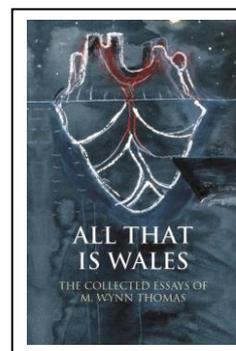


### **All That Is Wales**

M. Wynn Thomas

May 2017

£24.99 • HB • 9781786830890 • 216 x 138mm • 320pp



UK Distribution (ex Wales):

NBN International | [orders@nbninternational.com](mailto:orders@nbninternational.com) | Tel: 01752 202301 | Fax: 01752 202333

Wales Distribution:

Welsh Books Council | [distribution.centre@wbc.org.uk](mailto:distribution.centre@wbc.org.uk) | Tel: 01970 624455 | Fax: 01970 625506

University of Wales Press  
10 Columbus Walk, Brigantine Place, Cardiff, CF10 4UP  
Tel: (0)29 2049 6899 Fax: (0)29 2049 6108  
[www.uwp.co.uk](http://www.uwp.co.uk)



**GWASG PRIFYSGOL CYMRU**  
**UNIVERSITY OF WALES PRESS**

# Sex, Sects and Society

'Pain and Pleasure': A Social History of Wales and the Welsh, 1870-1945

Russell Davies

April 2018

£19.99 • PB • 9781786832139 • 216 x 138mm • 448pp

Market:

The book is suitable for adults of all ages and abilities and is written in an accessible tone to appeal to the fabled general reader.

Blurb:

In an extended account of national identity, this second volume of *Pain and Pleasure* provides the first detailed study of the sexual and spiritual life of Wales in the period 1870–1945. The author argues that whilst Wales and its people experienced a disenchantment of the spiritual world, a revolution in sexual life was taking place. This innovative study examines how advances in life expectancy and improvements in health were reflected in emotional life and, though the Welsh have been long regarded as emotionally repressed, it shows that they were in reality a free and fun-loving people to contrast the traditional emphasis upon hardship and hardscrabble experiences.

Key Selling Points:

- This book will provide an educational and entertaining read.
- It will explain the contradictions and complexities of the Welsh national identity.
- This book will reveal the hardships and horrors of some people's lives.
- It will reveal how religion and superstition ebbed and flowed together.

Author Details:

**Russell Davies** is a broadcaster and writer; he is the author of *Secret Sins: Sex, Violence and Society in Carmarthenshire 1870–1920*; *Hope and Heartbreak: a Social History of Wales and the Welsh, 1776–1870*, and *People, Places and Passions: Pain and Pleasure, a Social History of Wales and the Welsh, 1870–1945*.

## Contents:

'To begin at the beginning': an introduction

1: 'Dygŵyl y Meirwon' (Festival of the Dead): death, transcendence and transience

2: The Citadel: pain, anxiety and wellbeing

3: Going Gently into that Good Night: desolation, dispiritedness and melancholy

4: Where, When, What Was Wales and who were the Welsh? contentment, disappointment and embarrassment

5: 'The Way of all Flesh': prudery, passion and perversion

6: Love in a Cold Climate: fidelity, friendship and fellowship

7: Religion and superstition: fear, foreboding and faith

8: The pursuit of pleasure: enthrallment, happiness and imagination

Conclusion: A few selected exits.

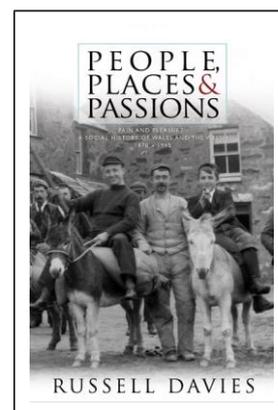
## Other Related Titles:

### **People, Places and Passions: A Social History of Wales and the Welsh 1870–1948**

Russell Davies

June 2015

£19.99 • PB • 9781783162376 • 216 x 138mm • 448pp



UK Distribution (ex Wales):

NBN International | [orders@nbninternational.com](mailto:orders@nbninternational.com) | Tel: 01752 202301 | Fax: 01752 202333

Wales Distribution:

Welsh Books Council | [distribution.centre@wbc.org.uk](mailto:distribution.centre@wbc.org.uk) | Tel: 01970 624455 | Fax: 01970 625506

University of Wales Press  
10 Columbus Walk, Brigantine Place, Cardiff, CF10 4UP  
Tel: (0)29 2049 6899 Fax: (0)29 2049 6108  
[www.uwp.co.uk](http://www.uwp.co.uk)



**GWASG PRIFYSGOL CYMRU**  
**UNIVERSITY OF WALES PRESS**

# Gothic Invasions

Imperialism, War and Fin-de- Siècle Popular Fiction

Ailise Bulfin

Series: Gothic Literary Studies

April 2018

£85 • HB • 9781786832092 • 216 x 138mm • 288pp

Images: 25 black and white illustrations, 4 colour plates

Market:

This book will mainly attract an academic audience – undergraduate, postgraduate and academics; and will serve useful as teaching and research resource. It will also be of interest to the general public.

Blurb:

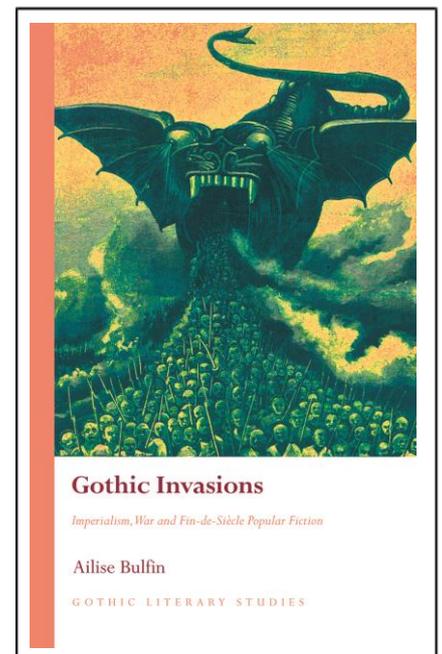
What do tales of stalking vampires, restless Egyptian mummies, foreign master criminals, barbarian Eastern hordes and stomping Prussian soldiers have in common? As *Gothic Invasions* explains, they may all be seen as instances of invasion fiction, a paranoid fin-de-siècle popular literary phenomenon that responded to prevalent societal fears of the invasion of Britain by an array of hostile foreign forces in the period before the First World War. *Gothic Invasions* traces the roots of invasion anxiety to concerns about the downside of Britain's continuing imperial expansion: fears of growing inter-European rivalry and colonial wars and rebellion. It explores how these fears circulated across the British empire and were expressed in fictional narratives drawing strongly upon and reciprocally transforming the conventions and themes of gothic writing. *Gothic Invasions* enhances our understanding of an aspect of the interchange between popular culture and politics at this crucial historical juncture, and demonstrates the instrumentality of the ever-versatile and politically-charged gothic mode in this process.

Key Selling Points:

- *Gothic Invasions* offers for the first time a broad investigation of the important influence of invasion paranoia across the spectrum of fin-de-siècle popular fiction.
- Rather than reading this body of fiction broadly through the lens of empire, *Gothic Invasions* elucidates and explains the precise references to imperial quandaries and conflict that form such an integral component of it. Furthermore this study is innovative in identifying white authors of colonial origins who had emigrated to Britain as prominent in the ranks of those fictionalising invasion fears based on their personal experience of imperial conflict and dissent.
- This study is innovative in addressing under the remit of war gothic both the fin-de-siècle fiction of imagined war and invasion and the relationship between the gothic and imperial war, addressing gaps identified by Monnet and Hantke's recent *War Gothic* (2016).
- The fiction of invasion inarguably had its origins in the fraught interplay of historical forces that led to the outbreak of World War I, not least of which was the practice of imperialism. In the centenary period of this cataclysmic transformational event there has been a corresponding surge of interest in all aspects of the society, the politics and also the culture of the pre-war period. *Gothic Invasions* enhances our understanding of an aspect of the interchange between popular culture and politics at this crucial historical juncture and demonstrates the instrumentality of the ever-versatile and politically-charged Gothic mode in this process.

Author Details:

**Ailise Bulfin** is a Lecturer in English in the Department of English at the National University of Ireland Maynooth, and a former Irish Research Council Postdoctoral Fellow at Trinity College Dublin.



## Contents:

Acknowledgements

List of Illustrations

Introduction: The Call to Arms

Section I: Gothic Fictions of Empire

Chapter 1: Gothic Invasions from the East and West Indies: Vampires, Mesmerists and Other Demons

Chapter 2: Gothic Invasions from Egypt: Mummies and Curses

Section II: Genre and Gothic Invasion

Chapter 3: Crime Fiction: Mephistophelean Master Criminals

Chapter 4: Yellow Peril Fiction: Villainous Celestials

Chapter 5: Military Invasion Tales: Brutish Europeans and Gothic Battlefields

Afterword: 'To Arms!' in Earnest

Select Bibliography

Index

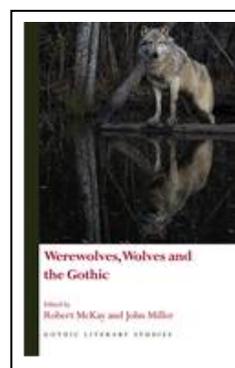
## Other Related Titles:

### **Werewolves, Wolves and the Gothic**

Robert McKay and John Miller

September 2017

£85 • HB • 9781786831026 • 216 x 138mm • 304pp

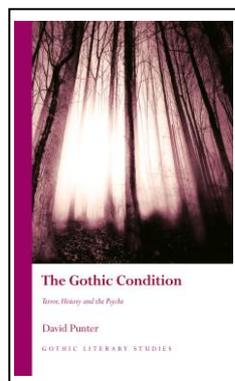


### **The Gothic Condition: Terror, History and the Psyche**

David Punter

April 2016

£75 • HB • 9781783168217 • 216x138 • 288pp



UK Distribution (ex Wales):

NBN International | [orders@nbninternational.com](mailto:orders@nbninternational.com) | Tel: 01752 202301 | Fax: 01752 202333

Wales Distribution:

Welsh Books Council | [distribution.centre@wbc.org.uk](mailto:distribution.centre@wbc.org.uk) | Tel: 01970 624455 | Fax: 01970 625506

University of Wales Press  
10 Columbus Walk, Brigantine Place, Cardiff, CF10 4UP  
Tel: (0)29 2049 6899 Fax: (0)29 2049 6108  
[www.uwp.co.uk](http://www.uwp.co.uk)



**GWASG PRIFYSGOL CYMRU**  
**UNIVERSITY OF WALES PRESS**